

APPROVED

President of the regional public
organization "Federation of Sports
Gymnastics of Novosibirsk region"



 E. Podgorny
2025.

REGULATIONS
on International competitions for the prizes of Olympic Champion
Evgeny Podgorny in the sport of gymnastics

Novosibirsk, 2025

I. GOALS AND OBJECTIVES

- identifying the strongest athletes;
- improving sports skills of athletes;
- popularization of gymnastics in the Russian Federation;
- strengthening international sports ties.

II. VENUE AND DATES OF THE COMPETITION

International sports competitions for the prizes of Olympic Champion Evgeny Podgorny in the sport of gymnastics (hereinafter referred to as the Competitions) are held from October 20 to October 25, 2025 at the sports facility of the State Autonomous Institution of Additional Education of the Novosibirsk Region "Sports School "Evgeny Podgornys' Gymnastics Training Center " (hereinafter referred to as the "Evgeny Podgornys' Gymnastics Training Center") at the address: Novosibirsk, Georgy Kolonda str., 5.

III. MANAGEMENT OF THE EVENT

The general management of the organization and conduct of Competitions is carried out by the All-Russian Public Organization of Gymnastics, trampoline jumping, rhythmic gymnastics, sports acrobatics, sports aerobics "Federation of Gymnastics of Russia" (hereinafter – FGR) and by the Regional Public Organization "Federation of Sports Gymnastics of the Novosibirsk Region" (hereinafter FSG).

The competitions are held with the support of the Ministry of Physical Culture and Sports of the Novosibirsk Region (hereinafter referred to as the Ministry of Sports), the Ministry of Regional Policy of the Novosibirsk Region (hereinafter referred to as the Ministry of Regional Policy), taking into account the co-financing of the Presidential Grants Fund, the Evgeny Podgornys' Gymnastics Training Center, the State Autonomous Institution of the Novosibirsk Region "Directorate of Sports Events" (hereinafter referred to as – "Directorate of Sports Events").

The direct conduct of the Competition is entrusted to the Main judging panel (hereinafter referred to as the judging panel), approved by the FGR.

IV. REQUIREMENTS FOR THE PARTICIPANTS OF THE COMPETITION AND THE CONDITIONS OF THEIR ADMISSION

Competitions are held among the athletes of the Russian national sports team and the strongest athletes from foreign countries.

Competitions are held in age groups:

women – 16 years and older;

Juniors (14-15 years old)

men – 18 years and older;

juniors (15-18 years old).

The team consists of 25 people. Among them: 16 athletes (4 men, 4 juniors, 4 women, 4 juniors), 4 coaches (2 men's and 2 women's), 1 representative, 2 doctors, 2 massage therapists.

Additionally, athletes and coaches who have participated in All-Russian sports competitions included in the Unified Calendar Plan approved by the Ministry of Sports of Russia may be admitted, in coordination with the FGR.

Sports judges are invited according to the list approved by the Russian Federation.

All qualified athletes are allowed to participate in the all-around sports discipline.

8 athletes (no more than 2 from each country) are allowed to participate in the finals in individual sports disciplines separately in each age group (men, juniors, women, juniors) according to the results of qualification.

V. COMPETITION PROGRAM

Personal competitions are held in sports disciplines: all-around, floor exercises, pommel horse, rings, vault, parallel bars, crossbar, uneven bars, beam.

Competitions are held in accordance with the rules of the FIG (the International Gymnastics Federation) (hereinafter referred to as the Rules).

20.10	Arrival day, admission committee, meeting of representatives, training sessions on a free schedule
21.10	Official training sessions, meeting of sports referees
22.10	Qualification. Final: the all-around
23.10	Final: — men, juniors: floor exercises pommel horse rings — women, juniors: support jump uneven bars
24.10	Final: — men, juniors: vault parallel bars crossbar — women, juniors: beam floor exercises
25.10	Departure day

VI. THE METHODOLOGY OF SUMMING UP THE RESULTS

The winners and prize-winners of Competitions in the sports discipline "all-around" are determined by the highest number of points scored by athletes in the final. No more than 2 athletes from each country in each age group can be awarded the status of the winner and the prize-winner of the Competition.

The winners and prize-winners of Competitions in individual sports disciplines

are determined based on the results of the finals without taking into account qualifications.

In case of a limited number of participants, the organizers have the right to make changes to the rules of the finals in individual disciplines.

VII. AWARDING

Winners and prize-winners (1st-3rd place) in individual competitions are awarded with medals, diplomas of the Ministry of Physical Culture and Sports of the Novosibirsk region and valuable prizes.

Coaches of athletes who win Competitions are awarded with diplomas.

Other organizations may set additional prizes.

Souvenirs are given to all participants of the competition.

VIII. FINANCING CONDITIONS

FGR, the Ministry of Regional Policy, the Ministry of Sports, NGO "FSG NSO", "Evgeny Podgornys' Gymnastics Training Center ", "Directorate of Sports Events" share in the financing of Competitions by agreement.

The costs of sending participants of the competition are at the expense of the sending organizations (including travel, accommodation, daily travel allowance, meals, insurance of participants), except for teams of foreign countries.

The costs of sending participants of the teams of foreign countries are carried out at the expense of the countries of the sending organizations.

The costs of accommodation and meals for foreign countries would be covered by the regional public organization "Federation of Sports Gymnastics of the Novosibirsk region".

IX. ENSURING THE SAFETY OF PARTICIPANTS AND SPECTATORS, MEDICAL CARE

Ensuring the safety of participants and spectators is carried out in accordance with the Rules for Ensuring Safety during Official Sports Competitions, approved by Decree of the Government of the Russian Federation dated 04/18/2014 No. 353, Order of the Ministry of Internal Affairs of the Russian Federation dated 11/17/2015 No. 1092 "On Approval of Requirements for Certain Infrastructure facilities for official sports competitions and technical equipment of stadiums to ensure public order and public safety".

The provision of emergency medical care is carried out in accordance with the order of the Ministry of Health of the Russian Federation dated 10/23/2020. No. 1144n "On Approval of the Procedure for Organizing medical care for persons engaged in physical education and Sports (including during the preparation and conduct of physical education and Sports events), including the procedure for medical examination of persons Wishing to undergo sports training, engage in physical education and sports in organizations and (or) comply with the standards of tests (tests) The All-Russian Physical Culture and Sports Complex "Ready for labor

and defense" and the forms of medical certificates on admission to participate in physical education and sports events.

Competitions are held at a sports facility included in the All-Russian Register of Sports Facilities in accordance with Federal Law No. 329-FZ dated 04.12.2007 "On Physical Culture and Sports in the Russian Federation".

Anti-doping provision is carried out in accordance with the World Anti-Doping Code.

Athletes or other people who have been disqualified or under provisional suspension are not allowed to participate in any capacity in Competitions.

X. INSURANCE OF PARTICIPANTS

Participation in Competitions is carried out only if there are supporting documents on life and health insurance against accidents for each participant of the Competition.

Insurance of participants is carried out at the expense of the sending organizations.

XI. APPLICATIONS FOR PARTICIPATION

Applications for participation in competitions indicating the number of participants, coaches and sports referees are submitted no later than September 20, 2025 to the email address fsg.nso54@mail.ru.

Applications for participation in sports competitions signed by the head of the executive authority of the subject of the Russian Federation in the field of physical culture and sports, the head of the regional sports federation and a doctor, and other necessary documents are submitted to the admission commission on the day of arrival.

The following documents are attached to the application for each athlete:

- passport/birth certificate;
- the original or a copy of the life and health accident insurance policy;
- a copy of the certificate of online training in the field of anti-doping provision by the participants of the competition (certificate of the Association of the Russian Anti-Doping Agency RUSADA);
- classification book.

The judges provide:

- an identity document with a residence permit;
- a certificate confirming the qualification category of a sports referee.

XII. ACCOMMODATION AND TRANSFER

The person responsible for the accommodation and meals of the participants of the foreign teams: **Vakhtang Guatua, tel. +7 913 392 39 49.**

Team representatives should be notified of the date and time of arrival in Novosibirsk by e-mail fsg.nso54@mail.ru **no later than October 10, 2025.**